



KAURNA PLAINS SCHOOL

NEWSLETTER - TERM 1, WEEK 6 2021

STRENGTH THROUGH LEARNING · TAINGIWILTA TIRKANTHI-ARRA

**“It takes a village
to raise a child.”**

- Proverb



DIARY DATES

Monday 8th March
Adelaide Cup Public Holiday

**Tuesday 9th March, 23rd
March & 6th April**
Nutrition Program

Friday 12th March
Aunty Candace's Class
Assembly

**Monday 22nd - Friday 26th
March**
One Plan Meetings with
teachers

Friday 26th March
Uncle Tom's Class Assembly

Thursday 1st April
Pupil Free Day

Friday 2nd of April
Good Friday Public Holiday

Monday 5th April
Easter Monday Public
Holiday

Friday 9th April
Last day of term 2pm dismissal

IN MEMORY OF NYREE

It is with great sadness that I report that Nyree Heading our Kindy Director passed away after a short illness.

Nyree's commitment to Aboriginal Education, Kaurna Plains and our community was evident every day within the programs that were run at the Kindy, across the school and at the Parent Centre. The relationships Nyree built with families, students, staff and community will be everlasting. She was the kindest and biggest hearted soul you will ever meet, who was always a shoulder to cry on or an ear to listen too.

Her laughter and positivity was infectious to everyone who was privileged enough to have had the opportunity to work alongside her. I believe that individuals cross our paths to teach us - Nyree has taught us that life is precious, life is short and therefore there is no room for negativity. Focus on positivity.

Kaurna Plains School will work with the Kindy in involving the community and families in celebrating Nyree's life and maintaining her momentum towards positive cultural connections and quality education for our Aboriginal children.



Phone: 13 11 14



www.bowelcanceraustralia.org

Phone: 1800 555 494

ACCESS

(Employee Assistance Program)

Phone: 1300 66 77 00

COOPERATION ORGANISATION RESPECT KINDNESS ACCEPTANCE



Government of South Australia
Department for Education

83 Ridley Rd, Elizabeth SA 5112 Ph: 8252 4419 Fax: 8252 3482

Email: dl.1792.info@schools.sa.edu.au

www.kaurnaas.sa.edu.au

NIINA MARNI

Welcome back everyone. I hope you all had a wonderful break over the holidays.

Again we see our enrolments climbing this year. With 122 students enrolled we have chosen to start the year with 4 primary classes and we have moved the Year 7 cohort into secondary. We start the year with new structures in Leadership, Secondary and in the Front Office.

Leadership Structure:

Natalea Jenkins – Assistant Principal - Primary Focus, Positive Education
Antony Yates – Assistant Principal - Secondary Focus, Career Pathways
Leayshia Gaston – Literacy Leader

Secondary Structure:

The Secondary Structure now includes additional staff to support more subject choices throughout secondary. Teaching staff will also teach across the year levels in their expert fields. We have also started a relationship with Playford International College as our students will be participating in SAASTA over the year. However most importantly students are now able to access the Trade Training Centre as Design and Tech is available as a subject. Currently we have a Uni SA specialist teacher undertaking their placement in this subject area.

New Staff and New Beginnings

We also welcome some new staff to Kaurna Plains. Welcome to: Carrie-Ann - Front Office, Lisa Fox - SSO Primary, Jodie - SSO Secondary, Matt - Uni SA student teacher, Neisha - SSO Cultural Wellbeing, Phil and Kimberley - Secondary teachers and Natalea - Leadership.

Breakfast Club and Nutrition Program

A **BIG thank you** to Lynda and Leanne along with their growing number of student volunteers who are running Breakfast Club each morning from 8:30 - 8:50am. The menu looks fantastic!!! If parents or staff would like to donate to Breakfast Club please let me know. If there are any parents who are interested in participating in our fortnightly Nutrition Program, please let Auntie Donna know. This term's focus is on healthy lunch boxes.

We have already had a great start to the term, seeing so many wonderful faces engaging in their learning.

Yours Sincerely

Aunty Ange, Principal



EARLY DEPARTURES FROM SCHOOL

The Department for Education categorises attendance issues as below:

Habitual non-attendance

This is when a student has 5 to 9 absences for any reason in a term (average of 1 day per fortnight).

Chronic non-attendance

This is when a student is absent for 10 days or more in a term for any reason (average of 1 day per week).

When you are collecting your student from school early on a regular basis, this can count towards the days off that they have had for the term, affecting their attendance records. Continual poor attendance is then flagged within the Department and can be referred to Attendance Officers, and/or Department for Child Protection, for follow up. This also applies for students who are coming to school late.

If you arrive at the school only 10 or 20 minutes before school finishes, we would prefer that you wait, instead of requesting that your student be sent out of class. Please also remember that on Friday afternoons, we have CORKA Fridays where students are all out of their classrooms taking part in fun activities. It is often quite challenging for us to be able to find where every student is on those afternoons, when you are requesting an early departure.

Leaving early can also impact on your child potentially missing out on rewards, which they always enjoy getting!

MEET PHIL!

Hi, my name is Phil and I have just started teaching Woodwork and Home Economics here at Kaurna Plains School.

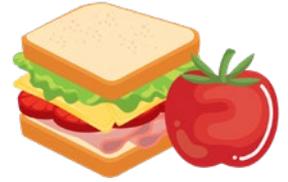
I would like to say thanks to everyone for making me feel welcome. I've been having fun meeting students and learning about them. I look forward to producing some woodwork pieces, trying some 3D printing, cooking some healthy food, and meeting more of you as time goes on.



NUTRITION PROGRAM

We have Aunty Rachel back again this year for our Nutrition Program. The program is held on Tuesdays every second week at Kurna Plains School.

I am really excited to be working with Aunty Rachel again this year. We have decided to focus on healthy lunch box ideas for the primary classes.



This week we worked with four delightful students from Aunty Deb's class. The students helped to make healthy choices for their drinks and choose savoury snacks. We made healthy savoury muffins and some fruit muffins using fruits from our trees here at school. We also made a yummy vegetable pasta. The students packed their own lunchboxes to enjoy at school the following day.

The two Aunties had loads of fun making some resource cards using fruits and vegetables so our students could play a game of *Snop*. We also filled out a checklist with the students to see what they thought of tasting the foods that they prepared.

We are looking forward to more fun and games in the kitchen...

Thanks everyone!

Aunty Rachel and Aunty Donna

LITERACY LEADER

Story Box Library

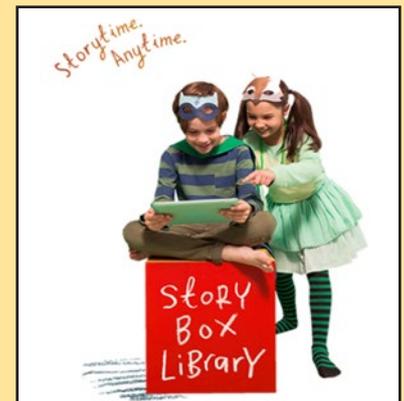
Just a reminder that families have access to Story Box Library. Your child can watch favourite stories, read aloud by fabulous storytellers, at home as well as in the classroom.

To access Story Box Library at home:

- 1) Visit www.storyboxlibrary.com.au
- 2) Choose Log In from the top right corner of the screen
- 3) Log in using the username and password provided below
- 4) Enjoy the library of stories on any device with internet connection

USERNAME: Kurna

PASSWORD: Kurna92



Kurna Plains School Facebook page

Don't forget to like us on Facebook and keep up with the latest news from Kurna Plains School.



NAPLAN

As children progress through their school years, it is very important that checks are made along the way to see how well they are learning the essential skills of reading, writing and mathematics – skills that will set them upon the path to success as adults.

NAPLAN is a point-in-time assessment that allows parents to see how their child is progressing in literacy and numeracy against the national standard and compared with their peers throughout Australia. At the classroom level, NAPLAN provides additional information to support teachers' professional judgement about student progress.

In 2021, the students in Year 3, 5, 7 and 9, will be participating in the online NAPLAN tests from the 11th of May to the 21st of May.

If you have any queries or concerns about your child's participation in NAPLAN online please don't hesitate to contact Leayshia on 82524419.

Aunty Leayshia

LIBRARY NEWS

Welcome everyone to the start of a new year! I hope this year it can be just as amazing with the amount of reading that all of our wonderful students do. This year has begun with a great start with many things already happening.

World Read Aloud Day

This term we had World Read Aloud Day in which the primary classes participated in a class read aloud.

Some of the stories that we read included: *When I Grow Up*, *Exploding Endings*, *All Are Welcome*.



Premier's Reading Challenge

This term we have also started our Premier's Reading Challenge, where each student is challenged to read 12 books by the beginning of September.

We have some very keen readers in our school. This year we will be introducing a new challenge to go with it. After they have finished their initial record sheet students can complete 'Bonus Sheets'. Students can complete as many of these that they like. Each sheet that they complete will give them a chance to get their name drawn for a prize.

At present we almost have a primary class finished and also a student from secondary. Great start to the year everyone!



Library Reading

All of our primary classes have been coming to the library for borrowing as well as story time.

In our Year 5-6 class we have been doing something a little different. I read a chapter from a book that is covered to give the students a chance to really listen to the story without judging the cover. We are our second book in and we have already found a whole class winner! I'm sure it was because they were laughing so much at David Walliams *The World's Worst Teachers*.

Our secondary students have been selecting some great choices for texts to read in the English room as well as persistently asking for more graphic novels. This section has increased in popularity over the last year with the section growing with more interesting choices for the students.

Books In Homes

This term we are also doing Books In Homes again. This is a wonderful program where each of the students in primary select 3 books that they wish to keep. At the end of the term these books will arrive for the students to take home.

Make sure to be on the look out for what interesting stories they bring home.

"If you don't like to read, you haven't found the right book" – JK Rowling

Happy Reading,

Aunty Lisa



STEPHANIE ALEXANDER KITCHEN GARDEN PROGRAM



So far this term we have been working on maintaining our Kitchen Garden after the holidays and the heat.

The compost heaps in the Wetlands have had a make-over thanks to Uncle Tom's students. Aunty Candace's students have been looking after the chickens and ducks and regularly feeding our worms in the worm farms to enable us to use the liquids produced on our garden as fertiliser.

Aunty Nat's class have harvested peaches from our beautiful peach tree. We tasted them fresh and then we prepared and dehydrated them to make a healthy snack.

Aunty Deb's class have been looking at growing sweet potatoes in the classroom followed by making yummy sweet potato chips with rosemary.

Students are looking forward to planting out some new seedlings in the gardens now the cooler weather is upon us.

We are ready for some fun learning in the kitchen in Term 2.

Regards,

Aunty Donna



BREAKFAST CLUB

As you may be aware, we have started a Breakfast Club at the school. This operates every day from 8.30am to 8.50am.

The aim of the Breakfast Club is to support students by providing a good, nutritious breakfast at the start of every day, and also to assist families who may be short on time in the mornings (and isn't that all of us!!)

Breakfast Club is open to ALL STUDENTS.

Our daily menu (see below) consists of low-sugar cereals (gluten-free option available), milk and yoghurt (lactose-free options available), toast with vegemite, strawberry jam or honey, raisin toast, fresh fruit, and 99% fruit juices. The menu will change in the cooler months, when we will provide more hot food and drinks.

We are able to cater to the needs of all students, including those who have food intolerances and allergies. If your child would like to take part and you have any concerns, please give us a call to discuss.

Cheers,

Aunty Chin (Lynda)
and Aunty Lee-Anne
0404 876 750



BREAKFAST CLUB MENU

Term 1, 2021

Weeks 1, 3, 5, 7, 9 and 11

Monday: Cereal, toast, fruit, yoghurt, fruit juice

Tuesday: Breakfast muffins and fruit juices

Wednesday: Cereal, toast, fruit, yoghurt, fruit juice

Thursday: Cheese and bacon or vegetarian frittata and fruit juices

Friday: Smoothies and fruit juices.

Weeks 2, 4, 6, 8 and 10

Monday: Cereal, toast, fruit, yoghurt, fruit juice

Tuesday: Breakfast muffins and fruit juice

Wednesday: Cereal, toast, fruit, yoghurt, fruit juice

Thursday: Bacon, eggs, mushrooms, tomatoes, toast, fruit juice

Friday: Smoothies and fruit juices

**For food intolerances/allergies, or if you have any questions or concerns
(or suggestions!) please call Aunty Chin on 0404 876 750.**



South Australian ban on single-use plastic

From 1st March 2021 single-use plastic drinking straws, cutlery and beverage stirrers will be prohibited from sale, supply or distribution in South Australia, including in schools, preschools, canteens and OSHC services. KPS is no longer permitted to supply single use plastic on school grounds.

Single-use plastic products are designed or intended to be used once, or for a limited number of times, often away from home, and thrown away after a brief use, commonly resulting in litter.

RECEPTION - YEAR 1

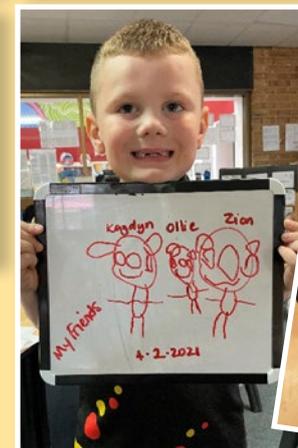
Marni Naa Pudni,

It is hard to believe it has only been 5 weeks since your little ones started school. They have already engaged in some wonderful learning and also lots of sharing about themselves, their families and their future hopes and dreams.

The class has also started the Jolly Phonics learning program. This is the way the children will learn initial letter sounds, which will support them in becoming future readers. The children all have sound books to share with you at home.

These need to be sent back to school every day so that we can add the new daily sounds. If you have any questions or would like to know more about the Jolly Phonics program you are welcome to come and have a chat with me any day either before or after school, my door is always open. If you need any information or have any questions about your child's learning just pop in and I'll have a chat.

Aunty Debbie



YEAR 1- 2

It has been a busy start to the 2021 school year. In Literacy, we are building our sound knowledge, phonological awareness skills and learning to write narratives. We are exploring numbers in Maths, looking at number lines and how numbers can be represented. We have been busy in SAKG with Aunty Donna. We have harvested, dehydrated and packed peaches. They were super yummy! We are looking at what makes a good friend and were lucky enough to have Harold the Giraffe from Life Education come out and run a session with us about this. We have also been developing class values and expectations. We set our values and expectations in the morning and reflect on them in the afternoon.

Aunty Natasha

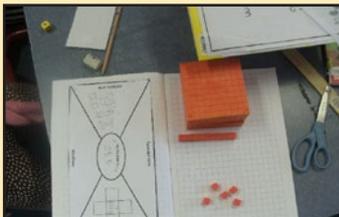
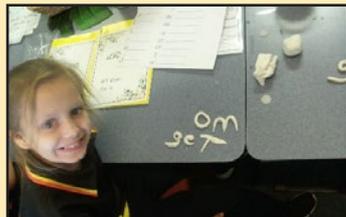


YEAR 3- 5

What a full-on start to Term 1 we have had!! We celebrated school's return with an activities afternoon on the oval, including a jumpy castle. We are continuing to build on our knowledge and understanding of sounds and letters throughout our literacy block. Using tactile objects, we are learning more about place value up to 10,000. An important part of a child's learning journey is the environment they work in. A fun, safe and welcoming classroom environment is what we are trying to achieve for all students. To help us with making this classroom space feel this way we have welcomed two little furry guinea pig friends, Bluey and Kisses! They are important members of our classroom and help students to regulate and calm down when they are frustrated or annoyed. Bluey and Kisses also bring in an important responsibility for our students who are in charge of feeding and changing their bedding. We are all looking forward to the rest of this term! When picking your child up from their classroom check out our "Wall of Awesome" which displays just some of the work your child has done that has made them feel AWESOME!

Aunty Candace

AWESOME!



YEAR 5 - 6

Niina marni,

Hello 2021!

I can't help but be very excited for the year ahead. I have been lucky enough to follow my wonderful Year 5s from last year up to Year 6, whilst working with the current Year 5s - some of whom I taught a couple of years ago - along with some new faces!

The Year 5-6 class will be one full of experiences, fun and successful learning. Our year will be set on the foundation of our CORKA values, growth mindset and culture.

We are very fortunate to have Uncle Ari, Aunty Janeya and Uncle Thomas also working with our class – with many other staff members joining us at various times to learn together.

So far, in Literacy we have delved into the genre of 'Fantasy'. Students have loved this creative writing as there are no limits. We have been inspired by books such as *Harry Potter*, *The Lion, Which and the Wardrobe*, *Beast Quest* and *Deltora Quest* – our focus class novel. We have constructed complex sentences, expanded noun groups and verb tenses.

Our Maths learning has been based around number concepts, such as place value, rounding, ordering, multiplication and division. We have played many exciting games to deepen our understanding and laid foundations to be successful in Maths this year.

It is also my pleasure to announce our SRC students and leaders in the primary years are Blake Cooper-Godfrey and Lily Evans.

The Year 5-6 class welcomes all and can't wait to work with all families and members of this beautiful community.

Uncle Tom and the 5-6 class

Kaurna miyurna, Kaurna yarta, ngadlu tampinithi



YEAR 7-8 ENGLISH

Rhetoric: A funny sounding word to describe something our kids do all the time (and us too)... argue. In the Year 7-8 English class, students have been learning about the different types of rhetoric:

Logos: using our reasoning

Pathos: using our emotion

Ethos: appeals to character

Language: clever use of words

Students have been learning how to spot and apply these types of rhetoric in speech and writing. Here are some examples from our clever students!

"If you start picking up your rubbish, the whole world will become greener."

(Jake & Nat: *Ethos, Appeal to Progress*)

"If you did more Art you would feel happier and gain more of an imagination."

(Makayla, Kaila & Crystal: *Pathos, Self Interest*)

"Clever cats are crazy, cute, clean, cosy and cuddly while dogs are dark, dangerous, deadly, doubtful, dumb and always digging."

(Crystal, Kaila: *Language – alliteration*)

"We are young, we are smart, we're from many different cultures but when we come together at Kaurna Plains School we are one big mob."

(Crystal, Kaila, Makayla: *Pathos, inclusive rhetoric*)

There are many more examples and these will be going on the class rhetoric wall as a reference for all English classes. Well done Year 7-8s.

Aunty Liz

7-11 MATHS AND SCIENCE

Niina Marni,

We are learning about planets, moon phases and tides with the Year 7-8 class this term. We are learning facts about the universe in our Year 9-10 class. Both of these topics belong to Earth and Environmental Science. To add on to the learning of the students we are planning an excursion in Week 7 to the Planetarium at UniSA Mawson Lakes campus. Here we are hoping that some experts can add to the students' learning about planets and the universe.

In Maths, we learnt about primary and composite numbers and used our understanding to learn about calculating the HCF (Highest Common Factor) and LCM (Least Common Multiple). Year 9-10s have learnt about proportion and they are able to change the quantity of ingredients in recipes based on the idea of proportion.

Overall it has been a good start so far and we hope to keep going like this.

Aunty Jyoti



COMMUNITY NOTICES



Children's Programs

Returning in Term 1 at the Playford Libraries

- Books Bugs • Storytime •
- Wiggle & Giggle •

Monday Civic Centre
Book Bugs
9.30am & 10.30am

Tuesday Stretton Centre
Book Bugs
9.30am & 10.30am

Tuesday Civic Centre
Wiggle & Giggle 11am

Wednesday Civic Centre
Storytime
10.30am

Friday Stretton Centre
Storytime
9.30am & 10.30am

Bookings Essential

Book through Eventbrite OR phone the Library on: 8256 0333



Current vacancies for our Girls U13s and U15s teams in 2021!

Join Salisbury Inter Soccer Club, a family friendly club passionate about female football with an established program. Seeking girls with or without soccer experience!

EMAIL LAUREN AT SISCJUNIORS@GMAIL.COM



The ultimate Cook n Create toolkit for lunchbox ideas!

Pizza swirls are ALWAYS a huge hit!

Filling ideas:
• Zucchini
• Tomatoes
• Ham
• Cheese
• Capsicum
• Spinach
• Olives
• BBQ sauce
• Tomato sauce
• Vegemite

Arancini balls

Filling ideas:
• Zucchini
• Mushrooms
• Ham/Bacon
• Cheese
• Spinach
• Carrot
• Fresh herbs
• Chard
• Mince/meat

Quesadilla's (You can sneak in a wholegrain wrap too and they won't notice if it's toasted!)

Filling ideas:
• Zucchini
• Mushrooms
• Ham/Bacon
• Cheese
• Spinach
• Salami/beef
• Tuna/chicken
• Sweetcorn
• Mixed beans
• Fresh herbs
• Chard

Rice Cakes! You can get creative with rice cake sandwiches!

Toppings fillings:
• Dips
• Peanut butter
• Cream cheese
• Meats
• Tuna
• Veggies
• Fruits
• Jam etc

Skewers

Skewer ideas:
• Mixed fruit wands
• Mixed veggie wands
• Deconstructed sandwiches etc

Flapjacks! You can add so many extras to pack this snack with goodness!

Filling:
• Dried Fruits
• Nut butters
• Coconut
• Natural sugars
• Grated fruits
• Fruit Purees
• Jam/marmalades
• Nuts
• Seeds

Melon Pizzas! Full of nourishment and colour! A super hydrating snack for hot days!

Toppings:
• Fresh fruits
• Coconut
• Yogurt
• Cream cheese
• Natural sugars
• Grated fruits
• Fruit Purees
• Nuts
• Seeds

Fruity rice cakes! Use cream cheese, yogurt, nut butters and pile on the beautiful fruits!

Toppings:
• Fresh fruits
• Yogurt
• Cream cheese
• Jam/Marmalade
• Granola/Oats
• Grated fruits
• Fruit Purees
• Nuts/Seeds

Extra ideas:
• Zucchini
• Spinach
• Sweetcorn
• Carrot
• Cheese
• Capsicum
• Chard
• Olives
• Vegemite

Scotch eggs! Grate veggies into the sausage meat!

Savoury veggie muffins or scones! Grate lots of veggies in

Filling:
• Sweetcorn
• Mushroom
• Olive
• Zucchini
• Capsicum
• Spinach
• Cheese
• Ham/Bacon
• Carrot
• Broccoli
• Fresh herbs
• Broccoli
• Spring onion

Fritters! Grate veggies into mixture

Filling:
• Cheese
• Ham/Bacon
• Carrot
• Olive
• Zucchini
• Capsicum
• Spinach

Tortilla wrap Sushi! Use wholegrain wraps if you can!

Filling:
• Grated veggies
• Rice
• Meats
• Tuna/fish
• Sweetcorn
• Avocado

Stuffed pita pockets! Use wholegrain if you can!

Filling:
• Vegetables
• Salads
• Meats
• Fish
• Cheese
• Salad

Rainbow fritatta You can use cupcake liners too!

Filling:
• Cheese
• Sweetcorn
• Mushroom
• Fish
• Olive
• Carrot
• Zucchini
• Capsicum
• Broccoli
• Spinach
• Spring onion

Chia seed puddings! Such a nourishing and filling pudd!

Filling ideas:
• Berries
• Mango
• Banana
• Grated fruits
• Coconut
• Seeds
• Honey
• Yogurt
• Cream cheese
• Nut butters

Fruit sushi! Fun, bite size and yummy!

Toppings ideas:
• Berries
• Mango
• Banana
• Coconut
• Seeds
• Honey
• Yogurt
• Cream cheese
• Nut butters

Bliss Balls You jam pack these with goodness!

Filling ideas:
• Dried fruits/berries
• Cocoa powder
• LSA protein etc
• Coconut
• Seeds
• Honey
• Nut butters

Summer fruit spring rolls! These are so fun and full of juicy fruit!

Filling ideas:
• Mango
• Banana
• Grated fruits
• Coconut rice
• Seeds
• Honey
• Yogurt
• Cream cheese

Home made fruit gummies and roll ups! These are so fun to make with the kiddos too!

Ingredient ideas:
• Strawberries
• Blackberries
• Blueberries
• Raspberries
• Mango
• Orange
• Lemon
• Lime
• Apple
• Other fruits

Fruit Pops! Kids LOVE these! Simple and awesome!

Ingredient ideas:
• Kiwi
• Banana
• Apple
• Mango
• Orange
• Papaya
• Tangerine
• Pear

Banana Bread sandwich!

Filling ideas:
• Berries
• Mango
• Banana
• Grated fruits
• Coconut
• Seeds
• Honey
• Yogurt
• Cream cheese
• Nut butters

Smoothies! They LOVE these! Simple, hydrating and awesome!

Ingredient ideas:
• Fresh Fruits
• Frozen fruits
• Juices
• Ice

What is Cook n Create?
Cook n Create is a fun and interactive mobile cooking school for kids in Adelaide. Founder - Jess is a qualified and vastly experienced Food and Nutrition teacher with an unbelievable background in the food industry.

What is Cook n Create?
Cook n Create is a fun and interactive mobile cooking school for kids in Adelaide. After School Clubs, Birthday parties (which are awesome!), School Kindy/OSHC incursions as well as commercial events and workshops.

Find out more by following our socials or check out the website to find out more!

Facebook: Cookncreateadelaide
Instagram: Cookncreate_adelaide
Website: www.cookncreate.com.au
Email: jessica@cookncreate.com.au
Phone: 0416028987

The ultimate Cook n Create toolkit for lunchbox ideas!

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• Strawberries
• Blackberries
• Blueberries
• Raspberries
• Mango
• Orange
• Lemon
• Lime
• Apple
• Other fruits

Fruit Pops! Kids LOVE these! Simple and awesome!

Ingredient ideas:
• Kiwi
• Banana
• Apple
• Mango
• Orange
• Papaya
• Tangerine
• Pear

Banana Bread sandwich!

Filling ideas:
• Berries
• Mango
• Banana
• Grated fruits
• Coconut
• Seeds
• Honey
• Yogurt
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Find out more by following our socials or check out the website to find out more!

Facebook: Cookncreateadelaide
Instagram: Cookncreate_adelaide
Website: www.cookncreate.com.au
Email: jessica@cookncreate.com.au
Phone: 0416028987

COMMUNITY NOTICES



Kurna Plains
Children's Centre Family Centre Term 1,
for Early Childhood Development and Parenting 2020



Naa Marni,

A warm welcome to you and your family.

At Kurna Plains Children's Centre we work with other service providers and agencies to deliver integrated services for your child and family and create a space where you & your family can belong, get involved and participate in community.

Meet the Family Centre team:

Mary Oberer
Acting Director

You will see Mary either at the preschool or the Children's Centre. She is here to help you with anything to do with your child, enrolling them in kindy, helping you to access Children's Centre programs and happy to chat about any concerns regarding your child.

Tel: 8209 3841

Tessa Lennon,
Administration Officer

Tessa is the friendly face at the front counter and can assist with enquiries about any of the Family Centre programs.

Tel: 8209 3840

Megan Hickman,
Family Practitioner

Megan is our family practitioner who can offer support to families to help them better understand and respond to their child/children's needs.

She can also provide support with housing advocacy, mental health, domestic violence, drug and alcohol problems, and connecting you to culturally appropriate services.

Mobile: 0428 026 569.

Email: megan.hickman2@sa.gov.au

Kerrin Donnelly,
Community Development
Coordinator

Kerrin works to connect families to community activities, programs and other organisations.

Kerrin is interested in talking with people about how the Children's Centre can support families to bring up children strong and healthy and help families feel connected.

Mobile: 0435 391 917

Email: Kerrin.donnelly@sa.gov.au

Karen Purdie,
Occupational Therapist

Please get in touch with Karen if you would like support around your child's development in the areas of: play, motor skills, everyday activities (like sleeping, eating, dressing, toilet training)

Mobile: 0429 902 834

Email: karen.purdie@sa.gov.au

Di Nelson,
Speech pathologist,

Di can help if you are worried about how your child talks (if you have trouble understanding them, or if they are not understanding you, or if you don't think they are talking like other children their age), or if you are worried about how they are eating.

Mobile: 0429 934 715

Contact Details:

69 Ridley Road, Elizabeth SA 5112

Telephone: 8209 3840



Find us on
Facebook

<https://www.facebook.com/kurnaplainschildrenscentrepage>

Opening Hours:

Monday—Friday

8.30am—4.30pm

Page 1

Nunga Playgroup

Learning Together

Mondays
9.30am–11.30am
For families
with children birth to 4 years.

Thurza 042 828 6349
Kerrin 8290 3840

The Aboriginal Community Garden Project

An exciting opportunity to learn about gardening, growing food and eating healthy!

Fortnightly workshops on Fridays
or enjoy the garden at your leisure.

Tel: **Kerrin 8209 3840**

Or

Tina Summers, Aboriginal Project Officer,
Catalyst Foundation 0436 351 364

Kids Out On Country

9.30–12.00

Thursdays

Trips to the bush and beach, getting out on country and connecting with culture.

Ring 8209 3840

Northern Carers Aboriginal Elders Social Support Group

4th Thursday Month
Aboriginal Carers Group
2nd Friday Month

Tel: **Danica Davidson**
8284 0388

Groups held monthly.
For information about dates and times speak with Danica.

Marni Naa Pudni!

**A welcome to 2021
Breakfast BBQ in
the carpark.**

Thursday
28th January

7.30am–8.45am

Free Prize Draw!

Story &

Yarning Circle

Join in for story
time in the commu-
nity building front
garden on

Wednesdays

9.30am

Guest storytellers!

8209 3840

Walk of Awareness

Friday 12 February 2021

Bus available to Port Adelaide to take part in a Community walk commemorating our Stolen Generations.

Telephone : 8209 3840

Physical Activity & Community Engagement

Join Rikki Wilson from Sonder for a no cost, group-based physical activity program for Aboriginal & Torres Strait Islander people.

Wednesdays 1.30pm–2.30pm

Family Market Day
Thursday Afternoons from 2pm
Get together, enjoy some games, a cuppa, a yarn and take home a bag of fresh food.

Circle of Security—Parenting

is designed to help parents and carers become more aware of their children's needs and work out if their responses are meeting those needs.

Tuesdays 10am–2pm

Commencing 9th February

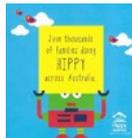
Aboriginal Family Support

Service 8254 1077

COMMUNITY NOTICES



Home Interaction Program for Parents and Youngsters



What is HIPPY?

HIPPY is a free fun two year home based program developed to support and enhance early childhood learning and development. It is delivered by trained Tutors who empower families to support their child's early learning in readiness for school and beyond.

What are the outcomes of HIPPY?

<p>Children Develop a love of learning early that is maintained throughout their lives</p>	<p>Families Are empowered and engaged in their children's learning</p>
<p>Training and Employment Tutors and parents/carers are engaged in training and employment</p>	<p>Communities Families are engaged and invested in their local community</p>

ENROLMENTS OPEN NOW FOR 2021 – LIMITED PLACES

- Are you a family living in the **Davoren Park, Smithfield, Smithfield Plains, Andrews Farm & Munno Para West** area? There other Hippy programs covering some of the Elizabeth & Salisbury areas.
- Do you care for a child who will be **starting Kindy in 2021?**
- Do you want to prepare your child for their school years and a lifetime of fun learning opportunities, including learning more about how they learn?
- Can you commit to **1 hour a week** to connect with a Home Tutor?
- There is a priority of access so please discuss this with the Coordinator.

We provide home visits to support the delivery of the program's activity packs, as well as fun and exciting fortnightly Parent Groups. This program provides support for two years and includes everything needed to complete the provided activities and more!



ALL THIS AT NO COST TO YOU

For further information please contact:

Rebecca Hanchett – HIPPY Coordinator

Ph 0412 661 208 or at Rebecca.Hanchett@novita.org.au



HIPPY Davoren Park is funded by the Australian Government-Department of Social Services through the Home Interaction Program for Parents and Youngsters. The Brotherhood of St Laurence (BSL) is licensed to operate HIPPY in Australia

CALLING ALL FAMILIES

HIPPY wants you



Overview

HIPPY is a two year home-based parenting and early childhood enrichment program delivered by trained tutors. Parents/carers are also invited to attend fortnightly parent groups.

You may be eligible if you:

- 1) Live in the Elizabeth area, and
- 2) have a child in your care about to start school

Benefits of HIPPY include:

- preparing your child for school years,
- building self-esteem and confidence through learning,
- improved relationships between parents and children,
- increased understanding of how children learn.

For more information contact HIPPY Elizabeth Early Childhood Co-ordinator Lorelle on 08 8209 5415 or via email to lorelle.bennett@anglicaresa.com.au



HIPPY Elizabeth

97 Referrals to other Services and Providers	Working in 52 homes with Families for 2 years	877 Home Visits over 8 months
27 Parent Gatherings = 295 Parent Contacts	1,575 Family Contacts for 2020	For more information please ring Lorelle Bennett, 0437 354 178 HIPPY Elizabeth Coordinator, AnglicareSA

Get into Rugby

Kids ready to try something new this winter? Don't want to commit to a full season of fees in case they don't love it?

Come join us at Elizabeth Rugby Union Club for our 'Get into Rugby' for the month of March for only \$5. Available to all kids between 5 and 12.

Rugby Union is THE sport to play to foster teamwork, inclusiveness and respect, with a dash of controlled aggression. Tackling is taught from U8 and every child is welcome. Every size and shape has a place on a rugby field, diversity is what makes a team succeed, from the speedy little half back through to the big strong front rowers.

Elizabeth Rugby Club is a fantastic place for young people looking to find a team and a place that makes them feel wanted and included, in fact, they've just won Playford Councils Community Sports Club of the Year award in their Australia Day honours.

So, join us on Wednesday nights in March, get a feel for rugby and our club, and maybe you'll find your new sporting passion.



Active Rugby Hubs Registration Guide

For Participants registering to an Active Rugby Hub:

- Go to <https://myaccount.rugbyexplorer.com.au/> or open Rugby Explorer app
- Select 'Rugby Portal'
- Enter your account details or create an account to login
- Once logged in select 'Register' on the left panel
- Select 'Find a Club'
- Select your Rugby ID and scroll down to 'next'
- Enter the Club name 'Elizabeth Junior RUFC'
- Under 'Registration type' follow steps below relevant to the program you are joining:

Role: **Get into Rugby Participant**
 Registration: **Type Active Hubs (Get into Rugby)**
 Duration: **Season**

- Follow prompts requesting additional details
- You are registered!

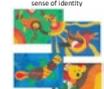
COMMUNITY NOTICES

TERM 1 2021 COMMUNITY PROGRAM 9.30am – 11.30am

WEEK 2 – 1 st of Feb Monday Join us in the Pools 	3 rd of February Wednesday Self-care Workshop TAMI CAKE 	WEEK 3 – 8 th of Feb Monday 3D Hearts Mobiles 	10 th of February Wednesday Healthy Food Co HEALTHY FOOD 	WEEK 4 – 15 th of Feb Monday Lantern Making 	17 th of February Wednesday MOC Children Centre 
WEEK 5 – 22 nd of Feb Monday Bottle Lid Project 	24 th of February Wednesday JHS Children Centre JHS Children Centre 	WEEK 6 – 1 st of March Monday Bottle Lid Project 	3 rd of March Wednesday Chore Chart 	WEEK 7 – 8 th of March Monday Adelaide Cup 	10 th of March Wednesday Positive Thoughts 
WEEK 8 – 15 th of March Monday Bottle Lid Project 	17 th of March Wednesday Bracelet Making 	WEEK 9 – 22 nd of March Monday Bottle Lid Project 	24 th of March Wednesday Wind Chime 	WEEK 10 – 29 th of Mar Monday Easter Cards 	31 st of March Wednesday Easter Sun catchers 
WEEK 11 – 5 th of April Monday Easter Monday 	7 th of April Wednesday Bird Feeder 	The Precinct 112 Coventry Road Smithfield Plains Please contact Kids Club workers to reserve your place for each programmed session and jet crèche due to restrictions. Kids Club Workers: Wendy – 0409 755 973 and Jasmine - 0417 742 083. ANGLICARESA Together we change lives. <small>*The program may be changed at staff's discretion.</small> Funded by the Australian Government Department of Social Services			

TERM 1 2021 KIDS CLUB PROGRAM 3pm – 5pm

~ Open 3pm – 3.15 Activity - 4pm Afternoon Snack - 4.30pm Homework Club - 5pm Centre Closed ~

WEEK 5 – 22 nd of Feb Monday THE PRECINCT Activity: Scratch-off Chore Chart OUTCOME 5: Children are effective communicators. 	22 nd of February Tuesday PLATFORM Activity: Sew your own wallet OUTCOME 3: Children have a strong sense of wellbeing. 	24 th of February Wednesday PLATFORM Activity: Piggy Bank OUTCOME 4: Children are confident and involved learners. MONEY SAVING 	WEEK 6 – 1 st of March Monday THE PRECINCT Activity: Australian Animal Sand Art OUTCOME 1: Children have a strong sense of identity. 	2 nd of March Tuesday PLATFORM Activity: Scratch Board Animals OUTCOME 5: Children are effective communicators. 	3 rd of March Wednesday PLATFORM Activity: Australian Map Sand Art OUTCOME 4: Children are confident and involved learners. 
WEEK 7 – 8 th of March Monday Activity: PUBLIC HOLIDAY Adelaide Cup 	9 th of March Tuesday PLATFORM Activity: Horse Silhouette OUTCOME 4: Children are confident and involved learners. 	10 th of March Wednesday PLATFORM Activity: Clothespin Horse OUTCOME 2: Children are connected with and contribute to their world. 	WEEK 8 – 15 th of March Monday THE PRECINCT Activity: Harmony Day Friendship Bracelets OUTCOME 5: Children are effective communicators. 	16 th of March Tuesday PLATFORM Activity: Harmony Story Wheel OUTCOME 1: Children have a strong sense of identity. 	17 th of March Wednesday PLATFORM Activity: Boomerang Decorating OUTCOME 1: Children have a strong sense of identity. 

Please contact Kids Club workers to reserve your place for each programmed session due to restrictions.
Kids Club Workers: Wendy – 0409 755 973 and Jasmine - 0417 742 083.
The Precinct 112 Coventry Rd, Smithfield Plains – The Platform 73 Elizabeth Way, Elizabeth
*The program may be changed at staff's discretion.
Funded by the Australian Government Department of Social Services

ANGLICARESA
Together we change lives.

TERM 1 2021 KIDS CLUB PROGRAM 3pm – 5pm

~ Open 3pm – 3.15 Activity - 4pm Afternoon Snack - 4.30pm Homework Club - 5pm Centre Closed ~

WEEK 9 – 22 nd of March Monday THE PRECINCT Activity: Easter Sand Art Frame OUTCOME 2: Children are connected with and contribute to their world. 	23 rd of March Tuesday PLATFORM Activity: Easter Finger Puppets OUTCOME 3: Children have a strong sense of wellbeing. 	24 th of March Wednesday PLATFORM Activity: Dancing Bilibies OUTCOME 1: Children have a strong sense of identity. 	WEEK 10 – 29 th of March Monday THE PRECINCT Activity: Stained Glass Easter Eggs OUTCOME 3: Children have a strong sense of wellbeing. 	30 th of March Tuesday PLATFORM Activity: Easter Cards OUTCOME 4: Children are confident and involved learners. 	31 st of March Wednesday PLATFORM Activity: Easter Sun Catchers OUTCOME 5: Children are effective communicators. 
WEEK 11 – 5 th of April Monday PUBLIC HOLIDAY Activity: Easter Monday 	6 th of April Tuesday PLATFORM Activity: Spring Wind Chime OUTCOME 2: Children are connected with and contribute to their world. 	7 th of April Wednesday PLATFORM Activity: Bird Feeder OUTCOME 3: Children have a strong sense of wellbeing. 	Thank you for joining Kids Club program over the term 		

Please contact Kids Club workers to reserve your place for each programmed session due to restrictions.
Kids Club Workers: Wendy – 0409 755 973 and Jasmine - 0417 742 083.
The Precinct 112 Coventry Rd, Smithfield Plains – The Platform 73 Elizabeth Way, Elizabeth
*The program may be changed at staff's discretion.
Funded by the Australian Government Department of Social Services

ANGLICARESA
Together we change lives.

Kids Club

Kids Club is for school age children (aged 5-12) in the Playford area. Kids club provides a safe, nurturing environment where children can come in from school, and engage in fun but educational activities, get support with homework, have a place to feel safe and belong and make friends.

Kids Club

3pm – 5pm

- Homework Club
- Fun life skills activities
- Individual afternoon tea

Mondays
The Platform
73 Elizabeth Way,
Elizabeth

Tuesday & Wednesday
The Precinct 112 Coventry Rd,
Smithfield Plains

Please contact Kids Club workers to reserve your place for each programmed session due to restrictions.

Contact the Children's Case Worker
Wendy on 0409 755 973 or email whurmuzniya@anglicaresa.com.au
Jasmine on 0417 742 083 or email jasmine.clavell@anglicaresa.com.au

Ask about our School Holiday Programs!

ANGLICARESA
Together we change lives.
Funded by the Australian Government Department of Social Services



COMMUNITY NOTICES



Learning Together

Minya Fullas Playgroup

Come, have a yarn in a relaxed, friendly and happy environment.

Fridays 9:30—11:30
During School Terms

Dorothy Hughes Kindergarten
22 Rolleston Avenue, Salisbury North

Transport Available & A snack is provided

Cost: Free

For more information please contact
Thurza: 0428286349
Sarina: 0408222577



Learning Together

Nunga Playgroup

Come and have a yarn and spend some quality time with your children in a relaxed, friendly environment.

Mondays 9.30am — 11:30am
During the school terms

Kaurna Plains Children's Centre
69 Ridley Road, Elizabeth

Transport Available and a snack is provided

Cost: Free

For more information please contact:
Thurza: 0428286349
Kerrin: 82093840



Free Workshops Circle of Security



Why do my kids push my buttons?
What do my kids really need?
I want to change the way I parent, stop yelling and be more calm, but where do I start?



This course runs for eight weeks. By the end of it, you will have a much better understanding of what makes kids tick and how to manage challenging behaviour.



This course is suited to parents with young children (age 0-5), however, if you have children older than 5 years you will still get a lot out of it.



Dates: 8 Thursdays starting— TERM 1
February 11th to April 1st
Time: 1pm - 2.30pm
Place: Elizabeth Grove Primary School
20 Haynes Street, Elizabeth Grove
Free Crèche provided.
Please book for course and crèche
Contact: Lesley Lewis phone: 0409631775
email: lesley.lewis@northernadelaide.sa.edu.au



COMMUNITY NOTICES



**TIMETABLE
TERM 1
2021**



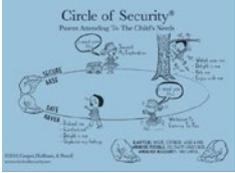
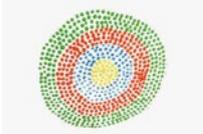
Monday	Tuesday	Wednesday	Thursday	Friday
<p>9.00 – 9.45 Music, Dancing and Fun Lake Windemere Children's Centre BOOKINGS ESSENTIAL Contact: Lesley – 0409631775</p>  <p>9.00-11.00 Nunga Playgroup Kaurana Plains Children's Centre Contact: Thurza - 0428286349 OR Sarah - 0439104355</p> 	<p>9.00 – 10.30 Playgroup Lake Windemere Children's Centre BOOKINGS ESSENTIAL Contact: Lesley - 0409631775</p>  <p>9.30 – 10.30 1st 1000 Days – Parent group Northern Adelaide Senior College BOOKINGS ESSENTIAL Contact: Sarah – 0439104355</p>  <p>11.00 – 12.00 Pre-movers Baby Playgroup Northern Adelaide Senior College (NASC) BOOKINGS ESSENTIAL Contact: Sarah – 0439104355</p>	<p>9.00 – 9.45 Music, Dancing and Fun Craigmore South Primary School BOOKINGS ESSENTIAL Contact: Lesley – 0409631775</p>  <p>10.00-11.30 Playful Learning Playgroup Craigmore South Primary BOOKINGS ESSENTIAL Contact: Lesley - 0409631775</p> 	<p>9.30 – 11.30 Community Playgroup Birth-4 Northern Adelaide Senior College Contact: Sarah 0439104355</p> <p>9.00 – 10.30 Craigmore South Primary Learning Together Playful Learning Playgroup BOOKINGS ESSENTIAL Contact: Lesley - 0409631775</p>  <p>12.30 - 2.30 Bringing Up Great Kids Mark Oliphant College Munno Para 6 weeks 18 Feb – 25 Mar FREE crèche BOOKINGS ESSENTIAL Contact: Christie - 0434856904</p> <p>1.00 – 2.30 Circle of Security Parenting Elizabeth Grove Primary School 8 weeks 11 Feb – 1 April FREE crèche BOOKINGS ESSENTIAL Contact: Lesley – 0409631775</p>	<p>9.30-11.30 Coffee, Conversation & Crèche Northern Adelaide Senior College BOOKINGS ESSENTIAL Max. 10 children in crèche. Informal session to chat about topics important to families. Sessions evolve depending on interest and needs of the group. Contact: Sarah – 0439104355</p>  <p>11.00-12.30 Community Playgroup Birth - 4 Northern Adelaide Senior College Contact: Sarah – 0439104355</p>

Learning Together Flyers and program overview January 2021



**TIMETABLE
TERM 1
2021**



<p>10.00 – 11.30 Playgroup Lake Windemere Children's Centre BOOKINGS ESSENTIAL Contact: Lesley - 0409631775</p>  <p>1.00 – 2.00 Music, Dancing and Fun Elizabeth Grove Children's Centre BOOKINGS ESSENTIAL Contact: Lesley – 0409631775</p>	<p>Circle of Security® Please Attend to The Child's Needs</p>  <p>1.00 - 2.30 Circle of Security Parenting Lake Windemere Children's Centre 8 weeks 9 Feb – 30 Mar. FREE crèche BOOKINGS ESSENTIAL Contact: Lesley – 0409631775</p> 	<p>9.30 – 10.30 Beginning movers baby playgroup Northern Adelaide Senior College Contact: Sarah – 0439104355</p>  <p>11.00 - 12.30 Family Learning Playgroup (NASC students only) Northern Adelaide Senior College (NASC) Contact: Clair or Caitlin – 72851600</p> <p>11.30 – 1.30 Circle of Security Parenting Northern Adelaide Senior College 8 weeks 10 Feb – 31 March FREE crèche BOOKINGS ESSENTIAL Contact: Sarah – 0439104355</p>	<p>9.00 am – 3.00 pm SACE stage 1 - Childhood Learning and Development (NASC students only) Northern Adelaide Senior College Contact: Clair Vu or Jude Jones - 72851600</p> <p>Want to complete your SACE? Years 11 + 12.</p> <p>Have small children? No problem.</p> <p>Northern Adelaide Senior College offers a free crèche for students' children 4 years and under.</p> <p>A supportive and welcoming environment.</p> <p>Now taking enrolments for Semester 1 2021.</p>	 <p>9.00-10.30 Playgroup Elizabeth Grove Children's Centre BOOKINGS ESSENTIAL Contact: Lesley - 0409631775</p>  <p>9.30 – 11.30 Minya Fullas Community Playgroup Dorothy Hughes Kindergarten Salisbury North ALL WELCOME Contact: Thurza – 0428286349 OR Sarina – 0408222577</p>
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Learning Together Flyers and program overview January 2021

COMMUNITY NOTICES

FINANCIAL SERVICES: SUPPORT DURING COVID-19

We offer a range of free, independent and confidential financial services to support people impacted by COVID-19.

PROGRAM	EMERGENCY ASSISTANCE	MAKING SENSE OF CENTS - BUDGET SUPPORT PROGRAM	NO INTEREST LOANS (NILS)	STEPUP LOANS	FINANCIAL COUNSELLING	ENERGY SERVICES - FREE HOME ENERGY ASSESSMENTS	MONEY AND ME WORKSHOPS	CONNECT ED WORKSHOPS
DETAILS	<p>Emergency assistance is currently being offered via phone assessment. The service operates from Monday to Friday.</p> <p>We can provide food, clothing and chemist vouchers, assistance with bills and expenses, and connect people to other services that can help.</p> <p>The service is available to people residing in metropolitan Adelaide in the north, south, east, city and hills areas.</p>	<p>A free service for people wanting assistance to:</p> <ul style="list-style-type: none"> understand their money create a budget that works understand bills learn tips and strategies to help save money apply for grants and concessions. 	<p>No Interest Loans (NILS) are safe, fee-free, no interest loans for people on a low income that can be used for household items, medical and dental expenses, or education expenses such as computers and text books.</p> <p>There are some eligibility requirements such as income, length at current residence and capacity to repay.</p> <p>Speak to us about COVID-19 NILS!</p> <p>This loan is up to \$3000 for immediate financial relief for household products and bills.</p>	<p>NAB StepUP Loans are safe, fee-free, low interest unsecured personal loans between \$800 and \$3000 that can be repaid over three years.</p> <p>StepUP Loans can be held in joint names and can be used for personal, domestic or household purposes including:</p> <ul style="list-style-type: none"> white goods household furniture computers medical or dental expenses house repair second-hand motor vehicles or vehicle repairs vocational education fees. 	<p>Financial counselling services are free, independent and provide information, support and advocacy to people in financial difficulty.</p> <p>All of our financial counsellors have a Diploma in Community Services (Financial Counselling) and are members of the SA Financial Counsellors Association Inc.</p> <p>We can help with:</p> <ul style="list-style-type: none"> arrears on mortgages, school fees, or council rates pending disconnections credit card debt debt recovery and court action consumer rights negotiating bankruptcy information and alternatives 	<p>FREE energy assessments offered over the phone.</p> <p>The service is available to anyone who would like to keep their electricity, gas, water and telecommunications usage as low as possible.</p>	<p>Money and Me Financial Education Program</p> <p>This program aims to explore the relationship people have with money, and how the choices we make can impact upon our financial wellbeing.</p> <p>Sessions run for approximately one hour and can be tailored to focus on two or three topics depending on client needs. We can cover some or all of the following topics:</p> <ul style="list-style-type: none"> Attitudes towards money Spending wisely Financial goals Budgeting Debt traps Cutting costs around the home Financial stress and pressure Hardship options, concessions and assistance 	<p>ConnectEd Utilities Program</p> <p>Information sessions on electricity, gas, water and telecommunications.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> Saving energy in the home Understanding running costs Reading energy bills How to find a better deal What to do if I can't pay my bill Solar, smart meters and new tariffs Hardship options, concessions and assistance Basic budgeting
CONTACT	<p>Phone 8202 5818 or email connected@unitingcommunities.org to receive a call back.</p> <p>Phone between 9am - 1pm to schedule a same-day appointment.</p>	<p>Phone 8202 5818 or email budgetprogram@unitingcommunities.org</p>	<p>Phone 8202 5818 or email budgetprogram@unitingcommunities.org</p>	<p>Phone 1800 615 677 (press option #3) or email fconduty@unitingcommunities.org</p>	<p>Phone 1800 615 677 (press option #3) or 8202 5840 or email fconduty@unitingcommunities.org</p>	<p>Phone 8202 5128 or email connected@unitingcommunities.org</p> <p>Please include the following information:</p> <ul style="list-style-type: none"> name address phone number energy retailer query 	<p>Phone 1800 615 677 (press option #3) or email MoneyAndMe@unitingcommunities.org</p>	<p>Phone 8202 5128 or email connected@unitingcommunities.org</p>



NO INTEREST LOANS FOR WOMEN AFFECTED BY FAMILY & DOMESTIC VIOLENCE

ABOUT

Flexible No Interest Loans of up to \$2,000 designed to help women who have experienced or are experiencing family or domestic violence to stay home safely, move to safety, or rebuild her life many years after.

Loans can be repaid weekly, fortnightly or monthly over 18-24 months via direct debit or Centrepay.

WHO IS ELIGIBLE?

Women referred by selected support services and community organisations who:

- ✓ Have experienced family or domestic violence in the past 10 years
- ✓ Are aged 18 years and older
- ✓ Are an Australian citizen, permanent resident, or hold a visa that expires beyond the loan term
- ✓ Have a source of income enabling her to repay the loan (affordability is assessed during loan process)

WHAT CAN THE LOAN BE USED FOR?

- ✓ Car registration and repairs
- ✓ Furniture and whitegoods
- ✓ Bond and rent (licenced real estate agent only, not private landlord)
- ✓ Technology e.g. laptop, phone
- ✓ Medical and dental
- ✓ Education and training costs
- ✓ Economic participation e.g. tools/equipment to support employment
- ✓ Legal costs
- ✓ Utilities e.g. electricity, gas, water, phone, internet
- ✓ Pet costs
- ✓ Security items
- ✓ Removalist and transport costs
- ✗ Cash or debt consolidation

Payment is made directly by Good Shepherd to your nominated retailer/supplier (must have an ABN).

WHAT DOCUMENTS DO I NEED?

- **Proof of identity** - e.g. driver licence, passport, proof of age card, student ID or Medicare card.
- **Proof of income** - e.g. pay slips, Centrelink income statement or last 3 months' bank statement.
- **Proof of expenses** - last 3 months of bank statements/transaction listings (your support service or Good Shepherd can help you to obtain this) and most recent credit card statement if applicable.
- **Quote/bill/statement to be paid** - e.g. rent ledger, utility bill or quote (including supplier's business name, ABN, payment details, description of item/service, price including GST, delivery costs).

Note: Good Shepherd offers flexibility for loan uses and documentation. You can discuss this with your service organisation or Good Shepherd.

HOW DO I APPLY?

Your service organisation can refer you to the program and will be present for the very start of the first appointment (they can stay for as little or long as you would like them to).

All appointments are by phone with a Good Shepherd Financial Capability worker, and take 45-60 minutes. During your appointment you will be asked questions about your income, expenses, and what you need the loan for. If it looks like it is affordable, a loan application will be completed for you. Your application will be assessed within 2 business days on receipt of your loan documents. If your loan is approved, payment will be made directly to your nominated retailer/supplier by Good Shepherd, and loan repayments are arranged to suit you.



COMMUNITY NOTICES

No Interest Loans for back-to-school costs



Borrow up to \$1500 Pay back \$1500

No Fees. No Charges. Ever.

Talk to the people you know and trust

Uniting Communities
1800 615 677 (press 3 at the prompt)
www.unitingcommunities.org

Funded by:



In partnership:



NILS is for people on low incomes and is not available for cash. See eligibility criteria at nils.com.au



NO INTEREST LOAN SCHEME

NILS
No Interest Loan Scheme
Good Shepherd Microfinance

What is NILS?

The No Interest Loan Scheme (NILS) provides individuals and families on low incomes access to safe, fair and affordable credit.

NO fees

NO charges

NO interest

Maximum loan amounts may vary, but can be as little as \$300 or as much as \$1500 for essential goods and services. Once your application is approved, repayments are set up at an affordable amount for 12 to 18 months. No credit checks are made as this is a program based on trust and respect.

As loans are repaid, the money is recirculated and becomes available to be lent to other people.

How do I repay the loan?

Centrepay is the preferred method of payment, but you can also make payments by electronic funds transfer or direct debit.

What are the loans for?

Loans are generally available for the purchase of new essential goods and services. These may include:



household items like fridges, washing machines, stoves, dryers, freezers and furniture



some medical and dental services



education essentials such as computers and text books



some other items as requested

Am I eligible for NILS?

To qualify you must:

- have a Health Care Card/Pension Card or be on a low income (approximately \$45,000 per annum)
- reside at your current address for more than three months
- show a willingness and capacity to repay.

To enquire about NILS or make an appointment, please call

1800 615 677 (select option 3) or email budgetprogram@unitingcommunities.org



Emergency assistance

If you're on a low income, managing your daily expenses can be tough. Our Emergency Assistance service provides emergency support if you are struggling.

Call 8202 5846 to make an appointment
unitingcommunities.org

We can provide support with:



food and clothing vouchers



bus tickets



bill payments



advocacy and referrals

